

# STUDENT SERVICES NEWSLETTER

Hello Husky,

Welcome to your Spring 2021 semester!

On behalf of the college, we wish you and your family continued wellness. Our thoughts are with, your families and communities. It will be a year this March that we went remote. As you are aware, we continue to stay remote for this semester due to the current public health condition in Los Angeles County. This is not what we had hoped for. Yet, we are hopeful that the conditions will improve with President Biden committing to an operational plan to speed up the vaccine rollout. Many of you have inquired about the colleges being a vaccine site. Our president is working with our district, as well as local and county officials as to the school and college sites that will serve as vaccine centers. Right now, we do not have any further information as to those plans. We will send out a notice when we become aware of any vaccination plans.

We know there have been challenges on so many levels. So, we want to remind you that we have important resources that will support your academic and personal success that are in the attached newsletter. Some resources include, but not limited to, CARES Act Emergency Assistance Application, Spring 2021 Scholarships, Financial Aid workshops.

The Transfer Center has their

workshops programmed for the entire semester. It is never too early to plan for transfer, it starts on day one. Please check out the affinity groups workshops such as the Dream Resource Center, LGBTQ+, Umoja, and Safe Zone.

Black History month is not just relegated to February, as our theme is “Celebrating the Past that Carries Us to the Future” which starts on February 11th. The Umoja Center will be very active on our campus to form a community supporting our Black students.

Please remember that the Academic Support Centers such as the Library, Learning Assistance Center with (tutoring), Writing Center can help you support your academic journey, so please take advantage of them.

We are so glad to have you as a student and we look forward to serving you

Huskies Stay Well & Strong!

Your ELAC Student Services TEAM

CAMPUS WIFI  
(STARTS FEBRUARY 8TH)

East Los College recognizes the challenges students face during this pandemic. We are committed to supporting to complete educational goals by providing a “Wi-Fi Parking Lot” with reliable, high-speed internet access for enrolled students. Students must comply with the social-distancing directives issued by county, state, and national officials.

Location: Parking Lot #4

Hours of operation:

Monday - Thursday: 7:30 am – 10:00 pm

Friday: 7:30 am – 5 pm

\*\*Hours of Operation Subject to  
change\*\*

**Guidelines:**

- Students must remain in vehicle
- Access to students with valid login credentials
- Used for educational purposes – no gaming, stream movies,
- Must park in designated spots
- No restrooms available
- No access to water fountains
- Must check in at public safety check point
- Must take trash
- Only members of the same household in each vehicle \*
- Must make reservations or first come first serve
- Student code of conduct still applies during usage of campus internet.

Financial Aid News  
AS OF JANUARY 19, 2020

### **2021 FAFSA APPLICATION**

It is not too late to apply for 2020-2021 Financial aid. A student who has not completed their FAFSA application and is enrolled in the current winter 2021 and/or spring 2021 term may visit the FAFSA.ED.Gov to complete their application.

### **FEDERAL WORK-STUDY (FWS) AWARDS**

There is funding available for the FWS program. The Financial Aid Office will continue to make a new award until funding is exhausted. Departments should contact the Student Employment Services to submit your student worker position request.

### **STUDENT SUCCESS COMPLETION GRANT (SSCG) FOR CAL GRANT RECIPIENTS**

Financial Aid Office sent an email to over 1,000 Cal Grant Recipients to encourage them to enroll in 12 units for Spring 2021. This will allow these students to meet the eligibility requirements for the SSCG awards. Enrollment between 12 to 14.9 units may be eligible for \$649. Enrollment of 15 or more units may be eligible for \$2000. Award is based on the availability of funds on a first come first serve basis.

### **CARES ACT EMERGENCY ASSISTANCE APPLICATION STATE OF CALIFORNIA DISASTER RELIEF FUNDS FOR AB540 STUDENTS**

ELAC received \$258,378 Disaster Relief Funds from The State of California. The relief funds will be awarded to students who completed a California Dream Act Application, received a California College Promise Grant (CCPG) and enrolled during the fall 2020 term. Priority will be award to AB540 students first. There are approximately 409 students who met the eligibility criteria and will be receiving about \$600 of Emergency Grant. Funds will be released to students during the week of 1/27/21. The CARES Act Emergency Assistance application is now available for spring 2021. The deadline to apply is February 21, 2021. Award is based on the availability of the funds. The application can be found here: [https://elac.scholarships.ngwebsolutions.com/scholarx\\_scholarshipsearch.aspx](https://elac.scholarships.ngwebsolutions.com/scholarx_scholarshipsearch.aspx)

### **SPRING 2021 FOUNDATION SCHOLARSHIP**

Spring 2021 Foundation Scholarship application will be available on 3/1/21. The announcement will be sent and posted once the calendar is finalized.

### **STATE OF CALIFORNIA DISASTER RELIEF FUNDS FOR AB540 STUDENTS**

ELAC received \$258,378 Disaster Relief Funds from The State of California. The relief funds will be awarded to students who completed a California Dream Act Application, received a California College Promise Grant (CCPG) and enrolled during the fall 2020 term. Priority will be award to AB540 students first. There are approximately 409 students who met the eligibility

criteria and will be receiving about \$600 of Emergency Grant. Funds will be released to students during the week of 1/27/21.

## FINANCIAL AID: UPCOMING DEADLINES & EVENTS

### Upcoming Deadlines

#### **2021-2022 FAFSA/Dream Act Application**

2021-2020 FAFSA Application is now available at FAFSA.ED.GOV for upcoming summer 2021 and or fall 2021. 2021-2020 Dream Act Application is now available at <https://dream.csac.ca.gov/>. The priority application deadline is March 2, 2021.

#### **2021-2022 Cal Grant Application Deadline is March 2, 2021**

Students must complete their FAFSA/Dream Act application and GPA Verification form submitted by this date to be eligible to apply for Cal Grant.

#### **2021-2022 Financial Aid Process**

Students who applied for the 2021-2022 FAFSA may be able to review their To-Do-List status in PeopleSoft. The financial aid document upload system, Campus Logic, will be available soon. FA staff will start the file review and awarding process for 2021-2022 beginning March 1st.

### Upcoming Events

#### **FAFSA/Dream Act application workshops:**

Financial Aid & Scholarship Office is hosting FAFSA/Dream Act Application workshop every week between January and February. Financial Aid staff will be there to assist and answer student's questions. The workshop schedule is available online at the Financial Aid Website: [finaid.elac.edu](http://finaid.elac.edu)

- Zoom link: <https://laccd.zoom.us/j/93721218250#success>
- Tuesday, February 16<sup>th</sup>
  - Time: 3 pm to 4 pm
- Friday, February 19<sup>th</sup>
  - Time: 2:30 pm to 3:30 pm
- Tuesday, February 23<sup>th</sup>
  - Time: 5 pm to 6 pm
- Thursday, February 25<sup>th</sup>
  - Time: 3 pm to 4 pm
- Friday, February 26<sup>th</sup>
  - Time: 11 am to 1 pm

#### **Cash for College Event is scheduled on 02/26/2021**

The Cash for College event is a presentation in addition to providing one-on-one assistance for high school seniors and college students to complete the FAFSA/Dream Act application. By

attending the Cash for College event and completing the FAFSA/CA Dream Act Application on this date, students could be eligible for a Scholarship of up to \$1000.

**Date:** Friday, February 26, 2021

**Time:** 11 a.m. to 1 p.m. **Link:** <https://laccd.zoom.us/j/93721218250>

FIRST YEAR CENTER

NEWS & UPDATES

### **FIRST YEAR CENTER**

The First Year Team has worked diligently and developed better practices to connect virtually with scholars. Students now have the opportunity to stay up to date with workshops and resources via our Instagram page. If you'd like to meet with us virtually, you can connect with us via Zoom and/or live chat with us Via CraniumCafe. We are excited to host more than 30 schools for our Virtual Welcome Days starting on March 1st. These students will lead their communities and the future generation. We invite all first-time college students regardless of age or income to join our College Promise Program. Connect with a Peer Mentor, Success Coach, or Staff via Zoom or Cranium Cafe to check your LACCD eligibility. Zoom ID: 925-2606-9039 times, Mon.-Thurs. 9:30-4:30, Fri. 9:30-11:30 Live Chat: <http://elac.edu/Student-Services/First-Year-Center/Live-Chat>

Follow us on Instagram:

ELACFYE & ELACPROMISE

### **DUAL ENROLLMENT AND K-12 PROGRAMS**

College classes are more accessible than ever before. We offer courses to over 80 schools and your school might be one of them. All students that have questions about how to take college classes while you are in high school, please click "here". We are also available via Cranium Cafe to assist you with any questions you may have! We will be offering online Spring Dual Enrollment courses starting February 16 - June 7th, 2020. Please connect with your high school counselor or college advisor to sign up. If a course is not offered at your school, please connect with us so we can help you enroll into a course that you are interested in by clicking "here". Join our daily "Ask Me Anything" sessions that take place Monday-Friday from 2pm-4pm by clicking on "Zoom". Meeting ID: 946 - 2689 - 7032, M-F 2pm-4pm

Live Chat: <https://www.elac.edu/Student-Services/Student-Outreach-Recruitment/Live-Chat>

Follow us on Instagram: ELAC\_Outreach

## **DIVERSABILITIES SUPPORT PROGRAM & SERVICES (DSP&S)**

### **NEW ZOOM ROOM FOR DSP&S STUDENTS**

DSP&S is launching their Zoom Room on Monday, Jan. 25th! This is an additional service offered. Students and faculty members will be able to join in and talk to a DSP&S staff via zoom. The Zoom Room will be offered three days a week for 2 hours each day. Mondays and Wednesdays from 12:00 - 2:00 pm AND Wednesdays from 3:00-5:00 pm. DSP&S students take this opportunity to connect with the staff and answer your questions, concerns and request an appointment or academic accommodations. Remember, we are here to help you get the educational accommodations you need to succeed in your classes! As always it is our pleasure to serve you...ELAC Faculty and Staff if you have a concern and would like to discuss it with our DSP&S Staff, please join our zoom room and get immediate assistance! We are here to support students and faculty as well and we are eager to collaborate together to ensure a successful experience for all our students with disabilities! Please visit our DSP&S Website for more information on how to join.

Our Website:

<https://www.elac.edu/Student-Services/DSP-S>

## Transfer Center UPDATES AND NEWS

### ELAC Peer Navigator Program

Calling all Federal Work-Study eligible students! Get a hold of this amazing opportunity to become an ELAC Peer Navigator. As a Peer Navigator, you will be able to positively impact your fellow ELAC peers and ELAC community through meaningful, on-campus employment.

What are Peer Navigators? Peer Navigators are Federal Work-Study student employees who serve a pivotal role in engaging ELAC students and enhancing the student experience. The Peer Navigator program is a new program led by Student Services, Dr. Sandy Chavez, and Student Employment Services. Peer Navigators will embark on a series of educational and empowering trainings and sessions. Professional development will occur on Fridays via Zoom from 10am-12pm. Sessions will enhance students' campus knowledge, leadership, and Community Cultural Wealth as Peer Navigators at ELAC. Weekly sessions will also allow Peer Navigators to receive updates, bring questions/concerns, and build community. Peer Navigators will be assigned to various units/departments throughout the campus to support student needs. Peer Navigators will work under the immediate supervision of an Academic or Classified employee. Students who are Federal Work-Study recipients and are interested in becoming a Peer Navigator must follow Federal Work-Study and LACCD hiring guidelines. Please contact ELAC's Financial Aid if you are unsure if you qualify for Federal Work-Study. Students, Staff and, Faculty members, please contact Student Employment Services for more information. Contact Information: Online Chat, Instagram, Facebook, Email

### Transfer Center

Welcome back to the Spring Semester! The Transfer Center is here to support your transfer process. Are you looking for more information on transferring? Come check out our Spring 2021 Online Transfer Workshops! Have you submitted your transfer application? We will be following up with transfer applicants, sending messages, and offering services to ensure you finish ELAC strong.

Contact Information: Instagram, Facebook, Online Chat, Transfer Center Link Tree, Email

Despite the pandemic and impact on our community, ELAC students strive in their transfer aspirations. There are more Fall 2021 UC applications compared to Fall 2020 applications

- 613 (Fall 2021) vs (601 Fall 2020)
- 2% increase (considering a pandemic)

More CSU transfer applicants self-identified as earning an ADT on their Fall 2021 CSU application

- 1395 (Fall 2020) vs. 1477 (Fall 2021)

## **Completion Center**

The Completion Center is excited to welcome you back for the Spring semester! During the Spring we will be focusing heavily on promoting the Spring graduation process, including informative workshops, videos, and educational materials. If you are nearing the completion of your degree, we urge you to contact us for details on which steps to take next. You will be matched with a personal Success Coach who will guide you toward the completion of your educational goals.

Looking for Spring classes? We encourage you to apply for the Latina Completion and Transfer Academy. We offer a supportive learning community with access to in class tutoring, materials, and staff support for English 101, English 103, Biology 003, Math 125, and Math 227S. For more details and to apply, visit our website today.

### **Contact Details:**

- Completion Center: Online Chat, Instagram, Twitter, Email
- Latina Completion & Transfer Academy: Online Chat, Instagram, Facebook, Email
- Zoom Office Hours:
  - Monday/Tuesday (2:30 – 5:30 PM)
  - Wednesday/Thursday (12:30 – 3:30 PM)
  - Link: <https://laccd.zoom.us/j/91405104329>

One Zone  
East Los Angeles College  
News & Updates

Dream Resource Center  
East Los Angeles College

**DREAM ACT WORKSHOP SERIES:**  
Friday's 10 a.m. to 2:00 p.m. (except March 1, 2021)  
February 5, 12, 19, 26  
March 1, 2021 (Monday)  
To register, visit: <https://tinyurl.com/elacdream-act-workshop>

**DREAM ACT APPLICATION DEADLINE:**  
MARCH 2, 2021.

**SAVE THE DATE:** Safe Zone DRC Solidarity  
Training --April 30, 2021, 10:00 am-12:00  
noon

**LOOK OUT FOR** Information Flyer on  
upcoming DRC Virtual Zoom Office Coming Soon



LGBTQ+  
East Los Angeles College

The LGBTQ+ Center supports the ELAC campus community who seek a safe space to dialogue and feel supported. The Center offers support from Student Services Assistant Lynn Wood who offers the following programming:

Live LGBTQ+ Readings in the Spring semester

Tuesdays 10 AM YouTube  
Wednesdays 3 PM Facebook  
Thursdays 12 PM Instagram

SAFE ZONE SPRING 2021

SOLIDARITY TRAINING -  
INFORMATION

Become Safe Zone Certified and help us with the ultimate objective to increase Solidarity partners that help create a campus culture where the entire campus becomes a safe space for LGBTQ+ identified scholars, formerly incarcerated/system impacted scholars, undocumented scholars and our latest addition in partnership with DSP&S. Thank you for joining us.

February

DSP&S Diversibility ~ Friday, February 26, 2021, 10am-12noon  
Link Coming Soon. \*Specifically for Faculty and Staff\*

March

LGBTQ+ ~ Friday, March 12, 2021, 10am-12noon  
<http://bit.ly/LGBTQSafeZone> register HERE

April

LGBTQ+ ~ Friday, April 23, 2021, 10am-12noon. Link Coming Soon.

DRC ~ Friday, April 30, 2021, 10am-12noon—Link Coming Soon

## ELAC EDUCATION JUSTICE SCHOLARS PROGRAM'

### **Our Purpose**

ELAC Education Justice Scholars Program is committed to helping individuals in the community with a successful transition into academia after incarceration by providing reintegration services and a pathway to higher education through counseling, career guidance, and mentorship.

### **Upcoming Events**

Feb 17th : Meet & Greet with Ed Justice Team

Feb 24th : CA General Elections Debrief: How do new CA measures impact currently and formerly incarcerated individuals?

March 3rd : Cal State LA Project Rebound Info Session

March 17th: Berkely Underground Scholars Info Session

April 7th : UCLA Center for Community College Partnerships Info Session

April 28th : Expungement Clinic

May 14: Education Justice Safe Zone Training

June 4th : End of Academic School Year Celebration

### **Contact Information**

Please follow us on Instagram and webpage. There we will be uploading flyers with registration information to connect to all the events listed.

@educationjusticescholars

educationjustice.elac.edu

Lastly, feel free to call or email us for support! Contact information listed below.

Education Justice Scholars Program

umanae@elac.edu | (213) 394-2897

Extended Opportunity Programs & Services (EOPS)

New Zoom Room-- Mondays/Wednesday from 3-5 pm AND  
Tuesdays/Thursdays from 1-3 pm.

The EOPS is excited to announce a new service for our EOPS Scholars! We now have a Zoom Room in operation for students to join and ask questions, request services, make appointments, or simply stop by to say hello and let us know how you are doing! We miss our EOPS Scholars and can't wait to be back when it is safe for all of us. Please stay connected and if you have any suggestions as to how we can serve you better, we would love to hear from you!

**9+ Unit Eligibility**

Due to Covid 19, students who are taking 9 units or more (as opposed to 12+ units) are now eligible to apply for EOPS! Don't miss this opportunity to be part of this great program and be part of our EOPS family! Applications are currently being accepted for Spring 2021. Please visit our EOPS website for more information!

#### NEED HELP GETTING ACCESS TO INTERNET?

The ELAC Foundation has 50 brand new 5G Verizon jetpacks with 6 months of free services ready and available for our students to receive.

To activate the jetpack services, students or faculty, or staff need to complete the attached ELAC Emergency Referral Form. Once the form is received, the student either has the option to pick up the jet pack or have it mailed.

Once the student has the jetpacks, the Foundation needs to contact Verizon and activate the accounts.

The jetpacks are theirs to keep with 6 months of free service!

1301 Avenida Cesar Chavez  
Monterey Park, CA 91754  
[www.elacfoundation.com](http://www.elacfoundation.com)

The form can be found here! SUBMIT YOUR FORM TO:  
Dr. Aghakhanian, [AGHAKHA@elac.edu](mailto:AGHAKHA@elac.edu)

VETERANS RESOURCE CENTER  
News & Updates

The Veterans Resource Center (VRC) welcomes and serves all transitioning service members, veterans and enrolled dependents. The VRC One-Stop-Shop provides enrollment assistance, academic counseling, career guidance, VA Certification, wellness counseling, peer tutoring and mentoring, and referrals to veteran-specific county, state and federal resources.

This past holiday season, the VRC distributed 80 \$100 Walmart Gift Cards to eligible military-connected students! Looking ahead to Spring 2021, the VRC will offer weekly workshops, Women Veteran Connection events, and monthly SALUTE Veterans National Honor Society induction and university seminars. For a full listing of our Spring 2021 events, NEW electronic VA Certification Form, and links to veteran resources, visit the online VRC Canvas site or VRC website at [www.veterans.elac.edu](http://www.veterans.elac.edu).

You can also connect with our staff via email at [veteranservices@elac.edu](mailto:veteranservices@elac.edu) or by calling 323.415.5052.

STUDENT HEALTH CENTER WELLNESS WORKSHOPS  
Emergency Preparedness Workshops & Sexual Assault  
Awareness Month Workshops to be announced soon!  
Stay tuned!

All links available at <https://linktr.ee/elacshc> and in  
our bio on social media @elacstudenthealth.

Yoga, Winter/Spring, Tuesdays 6-7pm, Saturdays 9-  
10am. Zoom registration links here  
<https://linktr.ee/elacshc>. (Flex credit available; for flex  
credit, also register through the Vision Resource  
Center: <https://bit.ly/ElacLiveYoga>)

February 2021

CalFresh – Get Cash for Groceries!, Monday 2/1/2021 10-  
11am  
<https://tinyurl.com/ELAC-CalFresh>  
Meeting ID: 458 996 5624

Passcode: Calfresh Student

CalFresh – Get Cash for Groceries!, Monday 2/8/2021 2-3pm

<https://tinyurl.com/ELAC-CalFresh>

Meeting ID: 458 996 5624

Passcode: Calfresh

Student Self-Care & Mental Wellness, Tuesday, February 2, 2:00pm-3:00pm

<https://tinyurl.com/MentalHealth-Feb2>

Depression, Stress & Anxiety Wednesday, February 10, 10:00am-11:00am

<https://tinyurl.com/MentalHealth-Feb10>

Healthy Relationships & Communication (Valentine's Edition), Thursday, February 11, 1:00pm-2:00pm

<https://tinyurl.com/MentalHealthFebruary11>

Student Self-Care & Mental Wellness, Wednesday, February 17, 11:00-12:00pm

<https://tinyurl.com/MentalHealth-Feb17>

Depression, Stress & Anxiety, Friday, February 19, 2:00pm-3:00pm

<https://tinyurl.com/MentalHealth-Feb19>

Mindfulness & PODER, Tuesday, February 23, 3:00-4:00pm

<https://tinyurl.com/MentalHealth-Feb23>

### **March 2021**

CalFresh – Get Cash for Groceries!, Monday March 1, 11am-12pm

<https://tinyurl.com/ELAC-CalFresh>

Meeting ID: 458 996 5624 Passcode: Calfresh

CalFresh – Get Cash for Groceries!, Monday March 8, 2-3pm

<https://tinyurl.com/ELAC-CalFresh>

Meeting ID: 458 996 5624 Passcode: Calfresh

Student Self-Care & Mental Wellness, Tuesday,

March 2, 2:00pm-3:00pm  
<https://tinyurl.com/MentalHealth-Mar2>

Healthy Relationships & Communication, Tuesday,  
March 9, 2:00-3:00pm  
<https://tinyurl.com/MentalHealth-Mar9>

Depression, Stress & Anxiety, Friday, March 12,  
10:00am-11:00am  
<https://tinyurl.com/MentalHealth-Mar12>

Controlling Our Emotions (Anger Management),  
Wednesday, March 17, 3:30pm-4:30pm  
<https://tinyurl.com/MentalHealth-Mar17>

Student Self-Care & Mental Wellness, Tuesday,  
March 23, 3:30-4:30pm  
<https://tinyurl.com/MentalHealth-Mar23>

Healthy Relationships & Communication, Friday,  
March 26, 2:00pm-3:00pm  
<https://tinyurl.com/MentalHealth-Mar26>

Mindfulness & PODER, Tuesday, March 30, 1:00-  
2:00pm  
<https://tinyurl.com/MentalHealth-Mar30A>

Suicide Prevention, Know the SIGNS!, Tuesday,  
March 30, 3:30pm-4:30pm  
<https://tinyurl.com/MentalHealth-Mar30B>

April 2021

Sexual Assault Awareness Month  
Workshops to be announced later! Stay  
tuned!

Student Self-Care & Mental Wellness,  
Friday, April 2, 2:00pm-3:00pm  
<https://tinyurl.com/MentalHealth-Apr2>

Healthy Relationships & Communication,  
Friday, April 9, 2:00-3:00pm  
<https://tinyurl.com/MentalHealth-Apr9>



Depression, Stress & Anxiety, Monday,  
April 12, 10:00am-11:00am  
<https://tinyurl.com/MentalHealth-Apr12>

Controlling Our Emotions (Anger Management), Wednesday, April 14, 1:00-  
2:00pm  
<https://tinyurl.com/MentalHealth-Apr14>

Student Self-Care & Mental Wellness,  
Friday, April 16, 2:00pm-3:00pm  
<https://tinyurl.com/MentalHealth-Apr16>

Healthy Relationships & Communication,  
Monday, April 19, 2:00pm-3:00pm  
<https://tinyurl.com/MentalHealth-Apr19>

Mindfulness & PODER, Friday, April 23,  
1:00-2:00pm  
<https://tinyurl.com/MentalHealth-Apr23>

Suicide Prevention, Know the SIGNS!,  
Monday, April 26, 3:30pm-4:30pm  
<https://tinyurl.com/MentalHealth-Apr26>

School Stress & Anxiety, Friday, April 30,  
1:00-2:00pm  
<https://tinyurl.com/MentalHealth-Apr30>

May 2021

Student Self-Care & Mental Wellness, Tuesday,  
May 4, 2:00pm-3:00pm  
<https://tinyurl.com/MentalHealth-May4>

Healthy Relationships & Communication,  
Thursday, May 6, 1:30-2:30pm  
<https://tinyurl.com/MentalHealth-May6>

School Stress & Anxiety, Friday, May 7, 1:30-  
2:30pm  
<https://tinyurl.com/MentalHealth-May7>

Controlling Our Emotions (Anger  
Management), Tuesday, May 11, 1:00-2:00pm  
<https://tinyurl.com/MentalHealth-May11>

Student Self-Care & Mental Wellness,  
Wednesday, May 12, 2:00pm-3:00pm  
<https://tinyurl.com/MentalHealth-May12>

Healthy Relationships & Communication,  
Tuesday, May 18, 2:00pm-3:00pm  
<https://tinyurl.com/MentalHealth-May18>

Mindfulness & PODER, Friday, May 21, 1:00-  
2:00pm  
<https://tinyurl.com/MentalHealth-May21>

Student Self-Care & Mental Wellness, Tuesday,  
May 25 3:30pm-4:30pm  
<https://tinyurl.com/MentalHealth-May25>

## STUDENT SUPPORT AND SERVICES

CLICK ONTO THE STUDENT  
SERVICES WEBPAGE AND  
YOU WILL FIND THE LINKS  
TO ALL OUR SERVICES.

### CARES ACT Application

We understand the tremendous impact that the COVID-19 has had on you this year and the struggles you are facing in your academic endeavors and everyday life. WE want you to know that we support you and are here to help. The Higher Education Emergency Relief Fund authorized by the Coronavirus Aid, Relief, and Economic Security Act (CARES Act), was signed into law on March 27, 2020 and funds were distributed to institutions of higher education to address the disruptions caused by COVID-19. Some of these funds were distributed in May and June of this past year

for eligible students.

The college has another round of CARES Act Funds that will be awarded to students with a focus on technology, food, and other emergency assistance, dependent on need and eligibility as outlined below. Priority will be given to students enrolled full-time (12+ units) for the Fall 2020 Semester. Awards will be based on a first come, first serve basis. In order to qualify, you must:

- Meet the California College Promise Grant requirement
- Have completed the FAFSA Application, Dream Act or the California College Promise Grant Application.
- Not have an overpayment from any federal grant (ie. Pell Grant) or be in default on any federal student loan
- Be enrolled for Winter 2020 full-time(# units or more) with at least six (6) of those units being taken at ELAC
- Be able to provide supporting documentation of need upon request, such as pink slip, unpaid utility bills, eviction notice, etc.
- Not have received CARES Act funding from any other educational institution.

Please click on the following link to submit a CARES Act Emergency Assistance Grant Application:

[https://elac.scholarships.ngwebsolutions.com/scholarx\\_scholarshipsearch.aspx](https://elac.scholarships.ngwebsolutions.com/scholarx_scholarshipsearch.aspx)

The deadline to apply is: February 21, 2021.

For any questions or problems (student login, application process, etc.) please send an email with your complete name, e-mail address, Student ID#, along with your questions to: CARES\_scholarship@elac.edu

### **Student Health Services**

While the ELAC campus and the Student Health Center are closed due to the pandemic, our community partner, Via Care Community Health Center, is providing telehealth medical and mental health appointments to ELAC students. Via Care is the organization providing on campus medical and mental health services since Fall 2019. For a medical or mental health telehealth appointment, call (323) 268-9191, on-call doctors are available. Mention that you are from ELAC. Health fee required.

If you have general questions, just want to reach out, or need help connecting to resources for food, shelter, LGBTQ+, survivors of domestic violence, sexual assault, etc., Live Chat is available on the ELAC Student Health Center webpage. This is to reach nonmedical, non-mental health ELAC staff. Live Chat: Monday - Friday, 8:00am - 4:30 pm. To reach medical or mental health staff or to make an appointment, please call (323)268-9191. Keep up to date on events and resources on our social media:

IG: @elacstudenthealth  
FB: ELAC Student Health  
Twitter: @ElacHealth

#### COMMUNITY RESOURCES

- Dignity Virtual Care Anywhere: Enter code: COVID19 for a free 24/7 virtual visit if you are experiencing COVID-19 symptoms of a low-grade fever (100.4 or above), cough, or shortness of breath.
- LA County of Mental Health: Hotline open 24/7 with information, resources and services to address issues of stress, mental health concerns and enhance well-being. CalFresh (formerly food stamps): known federally as the Supplemental Nutrition Assistance Program or SNAP, provides monthly food benefits to individuals and families with low-income and provides economic benefits to communities. The amount of benefits a household receives is dependent on household size countable income, and monthly expenses, such as housing and utilities. The program issues monthly benefits on an Electronic Benefit Transfer (EBT) card. Food may be purchased at any grocery store or farmers market that accepts EBT cards. <https://www.getcalfresh.org/>  
Contact: Cinthia Onoa, [conoa@lafoodbank.org](mailto:conoa@lafoodbank.org) or (323) 234-3030 x169 for assistance.
- LA Food Bank Pantry Locator: Pantry distribution dates and times are subject to change. Please call the pantry to verify that this information is current. Most pantries serve according to geographical service area. Food pantry clients should bring photo identification with them to the pantry. The identification should show client's current residential address. However, all clients will be served the first time regardless of completion of application and service area. <https://www.lafoodbank.org/findfood/pantry-locator/>
- Safer at Home | City of Los Angeles: LA County Department of Mental Health Hotlines For help 24 hours a day/ 7 days a week, please call (800) 854-7771. For everyone in the community, DMH is here for you as a resource and a partner. Services include mental health screenings, crisis counseling, and referrals to service providers. <https://www.lacity.org/saferhomerresources>

#### Housing Assistance

End Homelessness California/Shower of Hope, in partnership with ELAC, is offering interim housing for LACCD students experiencing homelessness.

#### Requirements:

- Between the ages of 18-26

- This initial pilot program focuses on male students
- Enrolled in 9 units or more continuously during their participation in the program
- Minimum GPA requirement of 2.0 must be maintained
- 16 hours of work per week required
- \$250 monthly rental requirement with first month free\*\*
- Apply for Financial Aid (FAFSA)
  - \*\*EHC will not remove students for failure to pay but will require 6 volunteer hours per week and academic progress and effort to search for employment will be considered and prioritized

Space is limited!

Contact Cecilia Cruz - Cruzc3@laccd.edu  
for more information

- \*If you do not meet the eligibility requirements below, we still encourage you to apply and/or to email Cecilia cruzc3@elac.edu for referrals to other resources & programs.

#### Employment Assistance

Have you lost your job during the COVID-19 pandemic? The State of California is here to help! Onwardca.org is one-stop resource for people whose jobs have been impacted.

#### Laptop Lending

Are you part of a special program and need a laptop?

EOPS AND DSPS have set up a lending program! Please reach out to these programs to borrow a laptop today

