



East Los Angeles College

Emergency Department Assistant (EDA) 09/ First Responder/ Emergency Medical Responder (EMR) Training Program

Program Description

The Emergency First Responder (Emergency Medical Responder) Training Program which includes didactic (lectures) and practical (skills) training. The training focus is being first on scene, how to handle emergency medical emergencies, while waiting for EMT's and or Paramedics to arrive on scene. This differs from the EMT Basic Training Program/Fire Technology 96, the amount of training hours is less, there's no clinical or ridealong rotation required and immunizations are not required. The First Responder Trainee does not qualify to work for any ambulance companies or hospital emergency departments. **This program is a step below an EMT (Emergency Medical Technician) more like a pre-EMT Basic Training Program.**

This program curriculum is the National Standard Curriculum for First Responders/Emergency Medical Responders (EMR). This is a certificate program, but the training and subject matter/curriculum is almost same as the EMT. This program is very **highly recommended to successfully complete before enrolling in an EMT Training Program.**

The training covers anatomy, physiology, respiratory, cardiovascular systems, medical terminology, critical thinking, patient assessments on Medical and Trauma patients. Also, how to obtain vital signs, American Heart Association (AHA) BLS Provider, or American Safety Health Institute (ASHI) BLS Healthcare Provider, communicable diseases, communication, bandaging/splinting, bleeding control, shock management, treating hypoperfusion, patient handling/lifting, emergency childbirth, legal/ethical aspects, apply traction splint, spinal motion restriction, signs and symptoms of different medical conditions.

In addition this is an **intense, demanding, and challenging training** program. It requires reading the entire textbook, effective note taking, several hours a week of effective studying and practicing skills to be successful. You are required to pass **ALL** skills testing stations, written exams, and the final exam to successfully pass.

The EDA/09, First Responder Program is 4 units and the trainee must pass all written tests, complete homework assignments, written final exam and skills final exam to earn a skills certificate. It is required to **attend ALL training sessions.**

Require Medical Equipment: Blood Pressure Cuff (non-cotton) made to be use in the Prehospital setting, good listening stethoscope, trauma shears/scissors, medical penlight and protective eyewear. If you do not know where to obtain this equipment email the Program Director at emtela@gmail.com.

Require Textbook: EMR Complete Worktext Second Edition by Daniel Limmer in the East LA College Bookstore or www.BradyBooks.com are the best sources.

Require: Patient Assessment Card \$12.00, **ONLY** in the East LA College Campus Bookstore

Require: EMT Flashcards Premium Edition Book by Jeffrey Lindsey, copyright 2013 or www.rea.com \$12-25.

Require: EMT Lab Kit only can be purchase at the campus bookstore

Require attire/uniform: Navy blue plain men's crew neck t-shirt or navy blue plain polo collar shirt, navy blue trousers or navy jeans that are in very good repair, black belt, black socks, black hard leather shoes or boots or hard leather athletic shoes.

Require: Bring one manila letter size file folder the first day.

Contact Information

If you have any questions or need additional information please call Dr. Pittman, PhD, EMT, First Responder & EMT Program Director at (323) 267-3793, or email which is the best way at **emtelac@gmail.com**